

# Nexus Program Expansion

A Ryan White Funded Initiative to Private Practices to Address Unmet  
Need and Expand Ryan White Services In Northern Virginia

# Nexus Program Expansion - About VHO

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- Provides program management for Nexus
  - Through sub-contact agreements maintains low overhead
  - Relationship with Infectious Disease Physicians (IDP) and other private infectious disease practices in meeting HIV+ client's previously unmet needs through Ryan White
  - Respected in Ryan White community with history of partnerships through ACA Open Enrollments
- Ensures eligible Ryan White clients have access to:
  - Case Management (both NMCM and MCM)
  - Health Insurance Copay & Deductible Assistance
  - Medical Transportation and EFA Food Vouchers
  - Access to Mental Health
  - Referrals for other wrap-around services, e.g. Oral Health, Housing, etc.



# Nexus Program Expansion - About Nexus

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- Expands population of PLWHA served by Ryan White in private infectious disease practices in Northern Virginia
- Includes limited Ryan White Core and Support Services
- Formal Memos of Understanding with 3 I.D. practices and informal relationships with 2 additional practices
- Model has seen client growth from 32 (March 2016) to approximately 100 currently

# Nexus Program Expansion - About IDP

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- Infectious Disease Physicians (IDP) - serves as original private practice partner in creation and pilot of this model
- A single-specialty infectious disease practice dedicated to treatment of individuals with HIV/AIDS
- Includes 8 Board-certified physicians and 3 nurse practitioners
- Ongoing care of about 400 PLWHA
- Seeks, in partnership with Nexus, to extend Ryan White services to 100 clients in GY28
- Anticipates doubling number of Ryan White clients served through Nexus by end of GY29



# Nexus Program Expansion - Future Growth

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- Availability of ACA plans with premium support to Ryan White clients may allow insured clients access to broader selection of private providers
- Changes in number of insurance carriers available under ACA may expand 'in-network' access to insured members
- Availability of highly effective HIV medications has changed HIV care; need from dedicated HIV/AIDS clinics is changing to chronic disease management in community settings.

# Nexus Program Expansion - Planned Growth

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- Staged to manage new clients and provide MCM for all
  - Currently MCM limited to clients with high Viral Load/high acuity (Part A)
  - Expansion will include ALL eligible clients with treatment adherence tracked (Part B expansion)
- IDP practice houses current Nexus NMCM office; plans to house Nexus MCM and LCSW (Oct. 2018)
- Coordination of Care model to be implemented (Feb. 2019)
- VHO has potential to fund OAHS with a .1 FTE physician and .2 FTE nurse practitioner for uninsured or underinsured Ryan White eligible clients.



# Nexus Program Expansion - Growth Continued

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- LCSW will provide in-house mental health counseling in coordination with MCM; high acuity MH clients will be referred to subcontracted MH psychiatrist (Part B)
- Medical Transportation currently funded under Part B will be expanded to accommodate Nexus client growth
- NMCM funded through Part B will continue to support ACA Open Enrollment services as well as Nexus
- Part A NMCM provides eligibility determination and access to care services

# Nexus Program Expansion - Current Partners

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- Infectious Disease Physicians (IDP) - Fairfax, VA
- *Infectious Disease Consultants (IDC) - Fairfax, VA*
- *Infectious Disease Associates & Travel Medicine (IDA) - Lorton, VA*
- *Infectious Disease Associates Alexandria (IDA-Alexandria)*
- *Virginia Health Center Physicians Group - Infectious Diseases (Arlington, VA)*